



[www.rushmoorschoolsplus.org](http://www.rushmoorschoolsplus.org)

## **e-Newsletter – May 2011**

Welcome to the 20<sup>th</sup> Rushmoor Schools Plus e-Newsletter with contributions from many different schools and organisations working to support our children, young people and families. As ever, we suggest you select the bits of information that are relevant to your own organisation, and disseminate those to the people you work with.

The next Rushmoor Schools Plus e-Newsletter will be available in the week beginning 18<sup>th</sup> July 2011. If you want anything included, please send information by 11<sup>th</sup> July to Richard Mann at [rick.mann@btinternet.com](mailto:rick.mann@btinternet.com)

Tony McGovern (Rushmoor Schools Plus Partnership Manager) [tony.mcgovern@rushmoor.gov.uk](mailto:tony.mcgovern@rushmoor.gov.uk)

### **EXTENDED SERVICES UPDATE**

#### **Rushmoor Schools Plus Website**

The Rushmoor Schools Plus website is available at [www.rushmoorschoolsplus.org](http://www.rushmoorschoolsplus.org). The site signposts to local and national information for children and families, points to local news and what's on stories, contains a photo gallery and a database of local out of school hours activities providers. It also has a Practitioner Resource Area. If you would like anything added to the website, for example an event, please email [rick.mann@btinternet.com](mailto:rick.mann@btinternet.com). We would be particularly interested to receive "good news" stories and photographs for the Latest News section on the home page.

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#### **Rushmoor Directory – Facilities and Services for Families**

The updated Rushmoor Directory of Facilities and Services for Families, produced by Rushmoor Schools Plus with Caroline Keith, is now available. Copies are available for your school or organisation by contacting Tony McGovern, [tony.mcgovern@rushmoor.gov.uk](mailto:tony.mcgovern@rushmoor.gov.uk)

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### **WHAT'S ON!**

#### **The Aldershot Garrison Show**

**Saturday 2nd July** from 10.00am to 6.00pm at Queen's Parade, Queen's Avenue, Aldershot.

The show is free! For full details see the website <http://www.armyshow.co.uk/menu.html>

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#### **Street Dance**

Free street dance for 11 to 19 year olds. Every Monday from 6<sup>th</sup> June for 8 weeks. 6.00pm – 7.00pm. In the Drama Room at Oak Farm Community School, Ballantyne Road, Farnborough GU14 8SS. For more details call 01252 398745 or email [leisure@rushmoor.gov.uk](mailto:leisure@rushmoor.gov.uk)

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## Princes Hall

Princes Hall, Princes Way, Aldershot GU11 1NX. Box office 01252 329155. [www.princeshall.com](http://www.princeshall.com)

**Fridays 3<sup>rd</sup> June and 8<sup>th</sup> July. SNAP disco.** Top DJs and chart acts. 11-16 years. Tickets must be purchased in advance. £6.00 (£5.00 if purchased at least one week in advance).

**Tuesday 31<sup>st</sup> May. Craft Workshop.** 10.00am – 4.00pm. 4-7 years. Wear messy clothes and bring a packed lunch. £15.00.

**Wednesday 1<sup>st</sup> June. Play in a Day Drama Workshop – The Jungle Book.** 10.00am – 4.00pm. 7-11 years. £14.00.

**Peppa Pig's Party. Wednesday 8<sup>th</sup> June** at 1.00pm and 4.00pm. **Thursday 9<sup>th</sup> June** at 10.00am and 1.00pm. Tickets: £14.50 and £12.50 / Child £12.50 and £10.50 / Family (4) £50.00.

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## West End Centre

Queen's Road, Aldershot GU11 3JD. Box office 01252 330040. [www.westendcentre.co.uk](http://www.westendcentre.co.uk)

WEC concessionary prices apply to the children of those in full-time education and those in receipt of any state benefit – excluding child benefit. Proof of entitlement may be asked for.

Hiccup Theatre presents **"The Owl and the Pussycat"**. **Saturday 21<sup>st</sup> May** 2.00pm. £6.00 reserved seating. A nonsense adventure for 3-8 year olds and their families.

**Forever Young Family Saturdays.** 10.30am-12.30pm. £4 per adult and £4 per child, (concessionary price £3 per adult and £3 per child). A fantastic opportunity for families to work together and create something amazing to take home with them. Materials provided. All children must be accompanied by a paying adult. Dress for mess!

**Saturday 21<sup>st</sup> May. Herbalicious Mosaics.** Have fun decorating a plant pot.

**Saturday 18<sup>th</sup> June. Sock Puppets.** Create a little creature from your sock! Please bring your own sock. All other materials will be provided.

**Monday 1<sup>st</sup> August to Friday 5<sup>th</sup> August.** 10.30am - 4.30pm. **Rocked Out 7: Live Performance Workshop.** Ages 14-19. £150. A summer school for drums, bass, guitar and vocals Rocked Out has been designed to improve the live performance of young musicians, giving them the opportunity to play in a professional band situation, whilst learning under the guidance of a collection of the country's leading musicians and tutors.

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## Farnborough Grange Infant School – Holiday Playscheme

Farnborough Grange Nursery and Infant Community School, Moor Road, Farnborough GU14 8HW. **Wednesday 1<sup>st</sup> June, Thursday 2<sup>nd</sup> June and Friday 3<sup>rd</sup> June.** 8.30am to 5.30pm.

Playscheme fees:- £15.00 all day or £2.00 per hour. Payment is required at the time of booking

To book a place call 01252 541879 9.00am to 3.00pm.

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## The Wavell-Cody Holiday Playscheme

**Tuesday 31<sup>st</sup> May to Friday 3<sup>rd</sup> June.** The Rushmoor Borough Council run playscheme is for 4 – 11 year olds and was rated 'good' by Ofsted in its recent inspection. The playscheme runs every school holiday, except Christmas. Arts, crafts, music, reading and jungle gym. Sessions run from 8.30am to 4.30pm (£15.00) or to 5.30pm (£16.00).

Held at the Samuel Cody Specialist Sports College, Lynchford Road, Farnborough GU14 6BH. To book, call 01252 317603 after 12.00 noon Monday – Friday.

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## Back to Cycling for Adults

A 4-hour refresher course covering personal safety and light maintenance, basic riding exercises (off road) and riding on cycle ways and roads. This is a subsidised course so the cost is £7.00. Saturdays **May 28<sup>th</sup>** or **June 4<sup>th</sup>**, 9.00am – 1.00pm at Connaught Leisure Centre, Aldershot. Tel. 01252 344438.

To book and pay for your place, please contact or visit Connaught Leisure. Cheques should be made payable to Rushmoor Borough Council. Bikes and helmets will be provided but please let them know if you plan to bring your own bike. For more information, contact Martin Sterio on 01252 398763 or e-mail [martin.sterio@rushmoor.gov.uk](mailto:martin.sterio@rushmoor.gov.uk)

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## Events at Aldershot and Farnborough Libraries

Our libraries are regularly worth a visit for free internet access, DVDs, PlayStation games and books!

<b>Events at Farnborough Library and in the Learning and Community Zone</b>	
Prior booking for all courses and workshops is essential.	
<b>Date/time</b>	Enquiry and booking line for events at Farnborough Library: 01252 516458. <a href="http://www3.hants.gov.uk/farnborough-library/farnborough-library-whatson.htm">http://www3.hants.gov.uk/farnborough-library/farnborough-library-whatson.htm</a>
Every Tuesday	10:30am – 11:00am. Storytime. Stories, songs and rhymes for children aged 2 -5 years old accompanied by an adult.
Every Thursday	2:15pm – 2:45pm. Baby Rhymetime. Songs and rhymes for you and babies aged 0 - 2 years old.
Wednesday 1 <sup>st</sup> June	10:30am – 11:30am. Midi Movers for over fives taster session. To inspire a love of dance in both boys and girls. They will learn a short dance to inspiring music from High School Musical, Toy Story and current pop music. £3.00. Prior booking essential.
<b>Events at Aldershot Library and Learning Centre</b>	
Prior booking for all courses and workshops essential. Concessions available on selected courses.	
<b>Date/time</b>	Enquiry and booking line for events at Aldershot Library: 01252 322560. <a href="http://www3.hants.gov.uk/aldershot-library/aldershot-library-whatson.htm">http://www3.hants.gov.uk/aldershot-library/aldershot-library-whatson.htm</a>
	Events for <b>National Family Week</b> 30 <sup>th</sup> May – 5 <sup>th</sup> June. <a href="http://www.nationalfamilyweek.co.uk">www.nationalfamilyweek.co.uk</a> For more information or to book a place (events marked B) please call at the Library or phone 01252 322560.
Mon. 30 <sup>th</sup> May	Bank holiday - library closed.
Tues. 31 <sup>st</sup> May	Theme: adventure 10:00am - 11:00am Coffee Pot - Children's Library 2:00pm - 3:00pm Pirate Workshop - Children's Library (B). Children must be accompanied by an adult. Cost: £1.00.
Wed. 1 <sup>st</sup> June	Theme: the great outdoors 10:00am - 12:00 noon Community Police Visit and Story 11:00am - 12:00 noon Teddy Bears Picnic with Tesco 2:00pm - 3:00pm Wild Weather Explore Learning Workshop - Children's Library (B)
Thurs. 2 <sup>nd</sup> June	Theme: fun and imagination 10:30am - 11:00am Toddler time – including Mini Movers Taster Session 11:30am - 12:30pm BFG Explore Learning Workshop (B) 4:30pm - 6:30pm Campout Story Time - Spooky Stories All in the Children's Library.
Fri. 3 <sup>rd</sup> June	Theme: family film time 10:00am - 12:00 noon Fun with the Fire Service - Visit and Safety Story 11:15am - 11:45am Baby Rhymetime 2:00pm - 4:00pm Film Time All in the Children's Library.
Sat. 4 <sup>th</sup> June	Theme: family learning 10:00am - 12:00 noon Kids Beads Workshop (B). For boys and girls aged 5 and over. Children must be accompanied by an adult. Cost: £1.00.
Sun. 5 <sup>th</sup> June	Theme: chill out & unwind 11:00am - 12:00 noon Storytime - Children's Library (with ice creams provided by Tesco)

The 2011 brochure for Aldershot Library and Learning Centre contains a great range of courses and regular events such as employment preparation, computers, leisure, craft and exercise. There are also specialist courses on signing for people who are deaf, numeracy, ESOL and citizenship.

In addition, a range of course discounts is now available:

All employment preparation courses are free regardless of circumstances.

Those in receipt of a means tested benefit only pay 50p per learning hour on most other courses.

People who are over 60 get a 25% discount on course fees.

For further information on courses and activities, phone Aldershot Library on 01252 322560 or see the library website: <http://www3.hants.gov.uk/library/aldershot-library.htm>

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### **Parkside's Annual Community Fun Day**

Parkside's Community Fun Day is taking place on **Sunday 19th June** from 11.30am - 3.30pm. The day will include a talent show, live entertainment, music, BBQ, games, stalls, donkeys, a penalty shoot out with Aldershot FC, a classic car show and auto jumble.

If you would like to have a stall on the day to sell things or to publicise your cause/organisation, or are able to help publicise the event, please contact Bonnie Andrews, Fundraising and Development Officer, on 01252 313103.

Website [www.parksidealdershot.co.uk](http://www.parksidealdershot.co.uk)

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### **Kidz South Exhibition**

One of the largest free UK exhibitions dedicated to children with disabilities and special needs, their families and the professionals who work with them. Over 90 exhibitors and a programme of free seminars and discussions for parents and professionals.

**Thursday 9<sup>th</sup> June**, 9.30am – 4.30pm at the Rivermead Leisure Complex, Richfield Avenue, Caversham, Reading RG1 8EQ. Free entry. Accessible parking. For free entry tickets or further information call Disabled Living on 0161 214 5959/5962 or email [info@disabledliving.co.uk](mailto:info@disabledliving.co.uk). For updates visit [www.kidzsouth.co.uk](http://www.kidzsouth.co.uk)

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### **The Autism Show**

**24<sup>th</sup>-25<sup>th</sup> June** at ExCeL, London. The first national event dedicated to autism for parents, carers and professionals. Hear leading professionals provide the latest insights on topics such as transitions within education, managing challenging behaviour, ABA or TEACCH, navigating through the statementing process and supported living options.

Develop new skills and strategies in The Workshop best practice theatre. Share ideas and learn from the experiences of others by attending interactive seminars. Meet over 50 suppliers of specialist products and services including learning tools, communication aids, sensory products, residential care and education, and legal services. Access personalised advice in the 1-2-1 Professional Clinics delivered by Speech and Language Therapists, Occupational Therapists, Educational Psychologists, Behaviour Analysts, Legal Advisors and State Benefit Advisors.

To book tickets visit [www.autismshow.co.uk](http://www.autismshow.co.uk). Discount available for group bookings of ten or more.

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### **Half Term Play Gym at the Rushmoor Gymnastics Academy**

Rushmoor Gymnastics Academy, Pool Road, Aldershot GU11 3SN. Email [bernie@rushgym.co.uk](mailto:bernie@rushgym.co.uk). Telephone 01252 320888.

Strictly for children 5 years and under. Closed Bank Holiday Monday 30<sup>th</sup> May. They will be open at their normal times of 9.30am-10.30 am and 1.30pm-2.30pm on **Tuesday 31<sup>st</sup> May – Friday 3<sup>rd</sup> June**.

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## Hawley Lane Youth Activity Centre

99 Hawley Lane, Farnborough GU14 8JG.

**Friday 3<sup>rd</sup> June** - 7.00pm to 8.00pm - Have a Go session - **Archery**. All equipment and insurance is included in the £4.50 per person fee. This is for all the family (minimum age 12 years). A GNAS Instructor is on hand to help you.

**Thursday 16<sup>th</sup> June** - 7.00pm to 8.00pm - Have a Go session - **Air Rifle Shooting**. Try shooting on their 6 yard indoor range under the watchful eye of a NSRA Instructor. For all the family (minimum age 12 years). All equipment and insurance is included in the £4.00 per person fee. The shooting range and instructor can also be booked by groups or private parties.

All groups are kept small so booking is essential. Email John on [jvr@btconnect.com](mailto:jvr@btconnect.com) or ring 01252 512281.

The Centre can be booked for training events or children's parties. Enquiries to [hawleylane@hampshire.sja.org.uk](mailto:hawleylane@hampshire.sja.org.uk)

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## Avondale Tennis Club - May Half Term Courses

Date	Time	Level	Age	Cost
Tues. 31 <sup>st</sup> May – Fri. 3 <sup>rd</sup> June	09.00-10.00	Mini Tennis Red Camp	4-8	£28.00
Tues. 31 <sup>st</sup> May – Fri. 3 <sup>rd</sup> June	10.00-11.00	Mini Tennis Orange/Green Camp	8-10	£28.00
Tues. 31 <sup>st</sup> May – Fri. 3 <sup>rd</sup> June	11.00-12.00	Improvers Tennis Camp	10-14	£28.00
Fri. 3 <sup>rd</sup> June	13.00-17.00	Advanced Technique, Tactics, Drills and Matchplay	12-16	£28.00

For enquiries and bookings please call Sally Charlton on 01252 852094 or email [sallycharlton22@btinternet.com](mailto:sallycharlton22@btinternet.com)

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## Lions Funfest in Fleet

A fun-packed day for people with disabilities, their families and helpers. **Sunday 26th June** from 11.30am to 4.00pm at Calthorpe Park School, Hitches Lane, Fleet GU51 5JA and the adjacent Hart Leisure Centre. If it rains the Funfest will take place in the Leisure Centre. The emphasis will be on music and fun, for people of all ages and abilities, with bouncy castles, giant slides, roundabouts, a steam train, a climbing wall and all the usual sideshows. All participants who take part and their families/helpers will be able to use the swimming pools throughout the day during the public sessions at no cost. Everything is free, except the food.

There will be a BBQ on site, selling beef/veggie burgers and hot-dogs at £1.00 per item and various filled rolls at 50p per item. Access for wheelchairs is available both on the field and in the Leisure Centre. The Red Cross will be in attendance and there will be plenty of Lions and Lions Partners available to help in any required capacity.

Places must be booked in advance by 28th May. For more details contact Lion Susan Jackson on 01252 626341 or email [suejackson50@btinternet.com](mailto:suejackson50@btinternet.com)

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## Soccer at 6

**3<sup>rd</sup> May to 2<sup>nd</sup> September**, 6.00pm-7.15pm. For 5 to 16 year olds. Want to have a kick around, play games and learn new skills? No need to book – just turn up, pay and play. £2.50 (£2.00 concessions). Please bring a drink.

Mondays at Ivy Fields, Aldershot. Tuesdays at King George V Playing Fields. Wednesdays at Cove Green, Farnborough. Thursdays at Manor Park, Aldershot. Fridays at Osborne Road, Farnborough.

Week long courses: 1<sup>st</sup> – 5<sup>th</sup> August at Bourley Road, Aldershot. 8<sup>th</sup> – 12<sup>th</sup> August at King George V Playing Fields, Farnborough. 15<sup>th</sup> – 19<sup>th</sup> August at Aldershot Park. 22<sup>nd</sup> – 26<sup>th</sup> August at Cove Green, Farnborough. 30<sup>th</sup> August – 2<sup>nd</sup> September at Bourley Road. £49.50 for the week or £15.00 a day.

For more information please call Kirk Wheeler on 01252 339384.

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### **The Source Young People's Charity - Ketchup**

The Source, 237 High Street, Aldershot GU11 1TJ.

The Ketchup After School Club provides a friendly place for anyone aged 10-13 to come and have fun in the Source's modern café, with activities, food, games and projects. There is always something going on and plenty of volunteers for them to chat to about both the everyday things and any issues or worries they might have.

Mondays 3.00pm-6.00pm unless specified otherwise for trips. Any trips that may be organised will be prioritised to those attending.

For more information contact Rachel Holbrook, After Schools Club Coordinator, on 01252 333330 or 07586 898327. Website [www.thesourceforyou.co.uk](http://www.thesourceforyou.co.uk)

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### **Events at Connaught Leisure Centre**

Half term holiday play scheme, **Tuesday 31<sup>st</sup> May – Friday 3<sup>rd</sup> June**. Activities include sports, drama, dance, arts and crafts, outdoor play and much more. Cost: Part Day, 8.30am – 3.30pm, £14.00. Full Day, 8.30am – 5.30pm, £16.00. Booking is required.

Inspiring You Day, **Saturday 4<sup>th</sup> June**, 2.00pm – 4.30pm. An activity session for children with disabilities. This free session is designed to encourage both children and parents to be involved in physical activity. Following this event it is intended to run a regular session on a monthly basis, developed from feedback given by participants.

Tongham Road, Aldershot GU12 4AS. 01252 344438. <http://www.connaughtleisurecentre.co.uk/index.php>

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### **Sunflowers Children's Centre**

**MAD Academy.** Fun music and dance sessions for children and parents to enjoy. Places must be booked and paid for in advance. Mondays 23 May, 6, 13, 20, 27 June and 4, 11, 18 July. 10.00am – 10.45am for 2 years 6 months – 4 years. 10.50am – 11.35am for walkers – 2 years 6 months. At the West End Centre. £2.50 per session.

**In-betweeners.** A new group for older babies who are starting to move around and find their feet, but aren't quite ready for the hustle and bustle of Stay and Play. 5 April – 28 July (no session on 2 June). Every Tuesday, 10.00am – 11.30am at Aldershot Library. £1 contribution.

**Baby Clinic.** Offered by Aldershot Health Visiting team in conjunction with Sunflowers. Baby health checks and information including weighing, advice and signposting. Every Tuesday, 1.00pm – 2.30pm at Aldershot Library. Free.

**Baby Sensory.** Tuesdays from 3 May – 7 June. 1.30pm – 2.15pm. At the West End Centre. £3 per session.

**Bumps and Babies.** Informal and friendly drop in group for parents and babies up to 1 year old. Every Wednesday, 10.00am – 11.30am at Aldershot Library. £1 contribution.

**Stay and Play.** Informal and friendly drop in session for parents and toddlers up to the age of 5 years. 7 April – 28 July (no session on 2 June). Every Thursday, 10.00am – 11.30am at the Aldershot Baptist Church Hall. £1 contribution.

For more details contact Sunflowers Children's Centre, 3rd Floor, Wessex Housing Association, Gordon House, Gordon Road, Aldershot GU11 1LD. Telephone 01252 350182 or email [Sunflowers.cc@hants.gov.uk](mailto:Sunflowers.cc@hants.gov.uk).

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## Maple Vue Children's Centre

Maple Vue Children's Centre, Belle Vue Road, Aldershot GU12 4RZ. Telephone: 01252 316963. Email: [maplevuecc@hants.gov.uk](mailto:maplevuecc@hants.gov.uk) Website: [www3.hants.gov.uk/maple-vue-cc](http://www3.hants.gov.uk/maple-vue-cc)

The Centre runs a variety of regular activities and courses such as Working with Children Level 1; Childcare Level 2 and 3; RHL adult health trainer sessions; child health clinics; speech and language; Job Centre Plus; first aid for parents; ante natal and child development checks; maths; quit smoking clinics; baby massage; ESOL; and music and dance. Call or check the website for the time table. Activities are run from their base in Belle Vue Road, their flat in Pegasus Avenue and from the North Town Community Base on North Lane.

Maple Vue is also setting up a **Forest School**. This is an experience that offers children regular opportunities to build independence and self esteem in a local woodland environment.

**Mondays** 10.00am-11.30am. Term time only. **Buggy Walk**. For children 0-5 and their parents. Enjoy a stroll and discover Aldershot in a whole new way with visits to museums, parks, the library and more. Stop on the way and enjoy refreshments.

**Tuesdays** 1.30pm-3.00pm. **Active Play for Bumps and Babies**. For pregnant mums and parents and their babies from 0 to walking. (1<sup>st</sup> Tuesday of each month Sensory Play. 4<sup>th</sup> Tuesday Baby Singing and Signing).

**Wednesdays** 9.30am-10.30am. Term time only. **Baby PEEP**. For babies who are not yet mobile. PEEP aims to support families with their children's early learning in a fun way.

**Wednesdays** 11.00am-12.00noon. Term time only. **Movers PEEP**. For babies that are on the go. PEEP aims to support families with their children's early learning in a fun way.

**Thursdays** 9.30am-11.30am. Term time only. The National Childminding Association hold **support sessions**.

**Thursdays** 1.00pm-3.00pm. **Active Play for Tots**. For toddlers who can walk up to the age of 5. Craft, painting, sand and water play, free access to all the toys and song and story time.

**Summer Fair. Saturday 18 June** 11.00am-2.00pm at Belle Vue Infant School, Belle Vue Road, Aldershot. Come and meet Scooby-Doo and Angelina Ballerina.

**Dads' Club**. Fun, games, construction activities, football, junk modelling and bacon butties for you to enjoy with your children. **Saturday 18 June** and **Saturday 23 July** 10.00am-12.00 noon.

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## Owls Children's Centre

Owls Children's Centre, Mayfield Road (on the site of Cherrywood Primary School), Farnborough GU14 8LH. Telephone 01252 519920. E-mail [owls.cc@hants.gov.uk](mailto:owls.cc@hants.gov.uk). Website [www3.hants.gov.uk/owls-cc](http://www3.hants.gov.uk/owls-cc)

**Half-term drop-in Stay and Play** session for 0 – 5 year olds on **Wednesday 1<sup>st</sup> June**. 9.30am-11.30am. Older siblings welcome.

Adult and family learning opportunities are available throughout the year and a new timetable is produced each term. If you want to find out more about a course or put your name down for one our Family Learning Advisor, Jennie, is available on Mondays between 2.00pm and 3.00pm or just call or drop-in to the office and talk to our reception staff. If there is a course you would like to do which would help you get back to work, please tell our staff.

**Family support programme (all at Owls unless stated). Groups do not run during half term.**

**Language Group** (referral only) – Mondays 1.00pm-3.00pm.

**Breast Feeding Clinic Drop-in** with an advisor from Frimley Park – Mondays and Thursdays 1.00pm-4.00pm.

**Childminders' Professional Support Group** – Tuesdays 9.30am-11.30am.

**Counselling** (by appointment) – Tuesdays 9.30am-12.30pm.

**Job Centre Plus Family Advisor Drop-in** –Wednesdays, Thursdays and Fridays 9.00am-12.00 noon and 1.00pm-4.00pm.

**Child Health Clinic Drop-in with health visitors** – Thursdays 9.30am-11.30am.

**Friday Chill Out Drop-in** – Fridays 1.00pm-3.00pm.

**Stay and Play – For babies to 1 year old** Mondays 9.30am-11.30am. **1 and 2 year olds** Tuesdays 1.00pm-3.00pm. **2 years and over** Wednesdays 9.30am-11.30am at Owls and 9.30am-11.30am at Farnborough Grange Nursery/Infant School.

**Dads Stay and Play** – 0-5 years and siblings. Saturdays **28<sup>th</sup> May, 25<sup>th</sup> June and 30<sup>th</sup> July** 10.00am-12.00 noon.

**Adult learning opportunities June – July 2011. Each course has a free crèche on site. Courses do not run during half-term.** Please book by telephone, e-mail or in person at reception, or come into Owls on a Monday afternoon between 2.00-3.00pm and speak to Jennie, the Adult Learning Advisor.

**Family Safety** – Tuesdays 1.00pm – 3.00pm from 28<sup>th</sup> June for 5 weeks.

**First Aid** – Wednesday 6<sup>th</sup> July from 9.30am – 12.30pm.

**Healthy Living** – Wednesdays 9.30am – 11.30am from 22<sup>nd</sup> June for 5 weeks.

**Confidence Building** – Wednesdays 1.00pm – 3.00pm from 29<sup>th</sup> June for 5 weeks.

**Better Budgeting** – Fridays 9.30am – 11.30am from 17<sup>th</sup> June to 22<sup>nd</sup> July.

**Maths for Families of Other Languages** – Saturdays 9.30am – 11.30am.

**Dads' Workshop – Gardening** – Saturday 25<sup>th</sup> June from 10.00am – 12.00 noon.

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### Park Children's Centre

Gloucester Road, Aldershot GU11 3SL. Telephone 01252 338607. Fax 01252 331097. Email [park.cc@hants.gov.uk](mailto:park.cc@hants.gov.uk).  
Visit our website [www.parkchildrenscentre.org.uk](http://www.parkchildrenscentre.org.uk).

The Centre runs a range of courses throughout the year such as baby massage, baby sensory, cooking for baby, first aid, cookery and adult literacy and numeracy. Please contact the Centre to put your name down for the next course. They also have the MAD Academy (Music and Dance for walkers to 4 years old) and Stretch and Grow (exercise to music). Contact the Centre for more details.

**Taking Steps.** Mondays 10.00am – 11.30am at the Heronwood Community Base.

**Rainbows Group – Stay and Play for 18 months+.** Mondays 1.15pm – 2.45pm. Term time only. These sessions are very popular and must be booked in advance.

**Chatterbox – speech and language group** following referral from a speech therapist. Mondays 1.15pm – 2.45pm. Term time only.

**RHL Energy Advisor** – available for advice on money related issues. Mondays 1.15pm – 2.45pm.

**First Friends – Stay and Play for 0 – 6 months.** Tuesdays 10.00am – 11.30am. Term time at St. Michael's Infant School. At the Children's Centre in the school holidays.

**Parent Craft class.** 1<sup>st</sup> and 2<sup>nd</sup> Tuesday in the month 7.00pm – 9.00pm. 3<sup>rd</sup> and 4<sup>th</sup> Thursday in the month 1.30pm – 3.00pm. Book through your midwife.

**Counselling sessions** – following a referral. Tuesdays and Wednesdays 3.00pm – 9.00pm.

**NCMA – Childminders Stay and Play.** Wednesdays 10.00am – 11.30am. Term time only.

**Baby Clinic.** Wednesdays 1.00pm – 2.30pm.

**Ante-natal drop-in with a midwife.** Wednesdays 7.00pm – 9.00pm.

**Early Start course.** Thursdays 9.30am – 11.30am.

**Quit 4 Life.** Thursdays 4.00pm – 6.30pm.

**Health Visitor check.** Fridays 9.00am – 12.00 noon. Book with your health visitor.

**Sunbeams Group – Stay and Play for 0 – 18 months.** Fridays 9.30am – 11.00am. These sessions are very popular and must be booked in advance.

**Clothing Exchange.** Fridays 9.30am – 11.00am at the Heronwood Community Base. Term time only.

**Dads' Club – Stay and Play.** For all male carers of children under 5. 1<sup>st</sup> and 3<sup>rd</sup> Saturday in the month 10.00am – 12.00 noon. £1.00 per adult contribution for refreshments/snacks. These sessions are very popular and must be booked in advance.

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## **NEWS FROM SCHOOLS**

### **News from Manor Infant School**

On March 21<sup>st</sup> and 22<sup>nd</sup> Ofsted inspected the school and graded it Outstanding. Many aspects were given grade 1, for example Pupils' Behaviour, the Curriculum and the effectiveness of Care Guidance and Support. The school is particularly proud of comments such as 'The curriculum contributes exceptionally well to pupils' personal development. It provides exciting and memorable learning experiences for all groups of pupils. Highly effective care, guidance and support are at the heart of the school's ethos.' The headteacher commented, 'The Ofsted report is a testimony to the hard work of staff and determination that all pupils should get the chance to be the best they can.'

At the school one of their celebrations for the Royal Wedding was to come 'dressed to impress' and pupils and staff certainly did! The children performed their own Royal Wedding Ceremony with the Royal Party walking through their own pupil lined walk. Flags were waving as the special party passed by. Afterwards there was a wedding breakfast followed by dancing. Several pupils remarked 'it is the best day I have ever had.' Parents also enjoyed looking at the photos of the day when they were invited for a drink and cakes.

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## **COURSES AND WORKSHOPS**

### **Community First East Hampshire - Summer Training Programme**

Courses on offer include Introduction to Speed Reading; Learn How to Touch Type; Basic IT - Computing for the Terrified! (Aimed at 50+ Silver Surfers); Become an Inspirational Facilitator; Emergency First Aid at Work; The Essential Trustee—Roles and Responsibilities; Basic Food Hygiene; Make Minute Taking a Breeze; An introduction to Microsoft Excel; Gift Aid—How Can my Organisation Benefit? (Free); Charity Law—The Basics; Managing Voluntary and Community Organisations; IT—An introduction to Microsoft PowerPoint; Successful Supervision Skills; Attracting Volunteers; The Basics of Keeping Yourself Safe when Lone Working.

All of the training courses are subsidised and there is a reduced rate for voluntary sector organisations. You can book onto all the courses using the online booking form at: <http://www.cfeh.org.uk/training/training-booking-form>

For further information contact Chris Turner, Learning and Development Coordinator, [chris.turner@cfch.org.uk](mailto:chris.turner@cfch.org.uk)

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### **Would You Like to Become a Health Champion?**

Frimley Park Hospital's health champions help raise awareness among staff, patients and others about leading a healthier life. The hospital is now able to extend its Health Champion training free of charge to people that have a role in the community promoting or improving health. Successful completion of the course could also lead to volunteering opportunities with Rushmoor Healthy Living (RHL). The training is accredited by the Royal Society of Public Health and lasts just one day. Candidates who pass the end of session assessment will be awarded a level 2 qualification in Understanding Health Improvement. No previous knowledge is required.

Anyone interested should contact James or Jo at RHL for further information or to book a place. Telephone 01252 362660 or email [admin@rhl.org.uk](mailto:admin@rhl.org.uk)

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### **HSE Accredited First Aid Training**

Rushmoor Voluntary Services will be running another HSE Accredited Emergency First Aid at Work course at Farnborough Community Centre on **Wednesday 22<sup>nd</sup> June** from 9.00am – 4.00pm. The cost is £40.00 per person. Places are limited. For more details and a booking form please contact [greg@rvs.org.uk](mailto:greg@rvs.org.uk)

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## **Training for Voluntary Groups and Volunteers - Writing Effective Press Releases**

**Wednesday 13th July**, 10.15am to 3.15pm at Farnborough Community Centre. The tutor will explain why press releases can help to promote an organisation. Participants will be asked to write a press release, using material from their own organisation if they wish, or based on another scenario provided by the tutor. The tutor will review the work, give feedback and answer any questions.

Tea, coffee and juice will be provided (please bring your own lunch). The venue is fully accessible. Cost: £35.00.

For more detailed information about the content of the course, please visit [www.rvs.org.uk](http://www.rvs.org.uk). Email [greg@rvs.org.uk](mailto:greg@rvs.org.uk) for a booking form.

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## **Communication for Life**

A day course about communication for families and professionals supporting children and young people with Down syndrome. **Thursday 30th June** 9.30am - 2.30pm at the Hook House Hotel, Hook. The course is led by Leela Baksi, a specialist speech and language therapist with Symbol UK Ltd.

This course is aimed at parents/carers and professionals who have, or are working with, a child who is around 9 years or older, although anyone is welcome to attend. It explores communication challenges for young people who have Down syndrome, and strategies to address these.

Please email [enquiries@steppingstonesds.co.uk](mailto:enquiries@steppingstonesds.co.uk) to provisionally book a space and to ask for a booking form. Free for members of Stepping Stones DS. £20.00 for non members. A sandwich lunch will be provided.

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## **Makaton Training**

**Makaton Signing for Babies.** Six sessions on Fridays 17, 24 June and 1, 8, 15 and 22 July. Arrive at 9.45am for a 10.00am start. Finishing at 11.15am. £50.00 per person including course materials. Recommended for parents, family members, carers or members of professional teams who would like to sign with babies and children in their care. No previous experience of Makaton necessary. Participants will receive a pocket book of signs and symbols and a certificate of attendance.

**Makaton Training for Parents and Carers – Beginners' Workshop.** Saturdays 18, 25 June and 2, 9 July. 10.00am – 12.45pm. £138.00 per participant including refreshments. Recommended for family members, carers and workers who need to use Makaton at home and in their work. An essential part of the entry criteria for Makaton Local Tutor Training. Participants will receive manuals (which include the signs and symbols learnt) and a certificate of attendance.

At Yateley Community Learning, Yateley School, School Lane, Yateley GU46 6NW. For more information and booking details call 01252 877190 or email [community@yateleys.com](mailto:community@yateleys.com)

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## **NEWS FROM PARTNER ORGANISATIONS AND GROUPS**

### **Vote for RHL!**

Please help local charity RHL win up to £100,000. It won't cost you anything and will only take a few minutes of your time. RHL rely on grant funding to deliver many of their projects. They are currently bidding for £100,000 from 'energyshare'. If successful, the funding would enable RHL to continue and significantly develop their Fuel Poverty project. In order to have a chance of 'winning' the funding they need to show that they have the support of the local community - only those projects with the highest numbers of supporters will be eligible to get through to round 2 of the bidding process!

To sign-up to support RHL's Fuel Poverty project bid

- 1) Go to <http://www.energyshare.com/>
- 2) Click on 'sign-up' under the 'get involved' section on the home page/ or at the top of the page
- 3) Wait to receive the verification email sent to your inbox – click on the link contained within this email
- 4) Go to <http://www.energyshare.com/rhl>
- 5) Click on the red 'support this group'.

The Fuel Poverty project helps local residents, particularly those most in need or vulnerable, reduce their energy consumption and be more energy efficient. For further information please contact RHL on 01252 362660.

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### **Brightlight Theatre Company**

Brightlight is a new community theatre group that is based at the Wavell Cody Community Campus, Lynchford Road, Farnborough GU14 6BH. They rehearse twice a week on a Wednesday and Thursday and will be performing two productions a year. Their first production from **Wed. 26<sup>th</sup> – Sat. 29<sup>th</sup> October** will be "Wind in the Willows".

Telephone: 07831 936 886. Website: <http://www.brightlighttheatre.co.uk/home.html>

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### **The Cafe in the Park**

The Grand Opening of Parkside's Cafe in the Park took place on Saturday 7th May. The Cafe offers low cost refreshments in the newly refurbished Aldershot Park. It also provides volunteering opportunities for adults with learning disabilities to learn new skills whilst being supported by a trained staff member. They are currently open on Saturdays from 11.00am to 4.00pm and Sundays from 12.00 noon to 5.00pm. They are planning to open on weekdays during half term and also throughout the summer holidays.

For more information please contact Bonnie Andrews, Development and Fundraising Officer, on 01252 313103.

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### **Runway's End Outdoor Centre**

Runway's End is opening in September 2011 and schools can book now. It is being built amongst nine acres of woodland, between Farnborough and Aldershot and adjacent to the Basingstoke Canal. The area is already well used by the Scouts but, after completion, school groups will be able to maximise the use of it during the day.

The Centre will include a modern accessible climbing and abseiling tower; a high and low ropes course; a caving system; a new indoor multi-activity hall for archery, shooting, climbing and bouldering; canoeing and rafting and a new canoe store with amenities; bespoke accommodation for up to 50 people; an amenities block for a large camping zone; a campfire amphitheatre; and various meeting, activity and training rooms.

Runway's End will be an eco friendly site producing its own hot water and heating through a biomass boiler. A rain harvesting system will provide water to the toilet facilities. For bookings please contact the Centre Director Andrew Friedemann on 07808 390580 or email [andrew.friedemann@hants.gov.uk](mailto:andrew.friedemann@hants.gov.uk). The website is <http://www3.hants.gov.uk/runwaysend.htm>

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### **Parent Support Group for Parents of Children with ADHD/ADD or Similar**

This support group has been meeting once per half term since September. In the group of parents, some have children with a diagnosis of ADHD/ADD, some have children with autism or Aspergers traits and some have children with other special educational needs but with traits of ADHD/ADD. There are also parents of children who are going through the process of assessment and diagnosis.

They meet very informally and it is an opportunity to chat to other parents who experience similar challenges and to share ideas. Any parents in similar circumstances are welcome to come and join them. Just turn up at The Monkey Puzzle in Southwood, Farnborough on Wednesdays **25<sup>th</sup> May, 6<sup>th</sup> July or 14<sup>th</sup> September** at 7.30pm.

For a chat or more information please contact Tracy Clement on 0754 541 5192.

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### **Family Robotic Challenge**

Ten families from The Wavell School's local primary schools are getting an opportunity to work together on a Robot Challenge. This provides a unique opportunity for children and their parents to work together. All the families will be learning to program their robots and working towards various challenges with a competition in the last week.

The project is organised by First Partnership and sponsored by Rushmoor Schools Plus. It has also been successfully run at Cove School and The Connaught School. First Partnership is a not-for-profit Educational Business Partnership which delivers educational support to schools and colleges through a variety of creative programmes which bring business and education together. These include STEM Events (Science, Technology, Engineering and Mathematics), Enterprise Challenges and work experience.

For more about First Partnership and their events call 01252 852471 or email [enquiries@firstpartnership.com](mailto:enquiries@firstpartnership.com).

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### **The Future of Youth Support Services in Hampshire**

Hampshire County Council (HCC) is consulting the public on the way forward for youth services in Hampshire. You can read about this consultation on <http://www3.hants.gov.uk/youthtube>

Youth Support Services (YSS) are changing because of changes to the law and HCC having to make major savings to reduce spending. They are also looking at new ways of working that are in line with the Government's Big Society ideas, including working with voluntary organisations to deliver local youth projects and services.

The proposals are in the early planning stages and HCC want to find out what you think about their ideas so far. They are suggesting that, in the future, YSS in Hampshire has the following three parts:

- A careers advice and guidance service that schools could buy
- Support for vulnerable young people and those young people most in need in Hampshire
- Local youth projects and services delivered by voluntary organisations with up to £2 million available to voluntary organisations to deliver projects and services on their behalf. Local Children's Partnerships would advise on which projects and services are needed in each community.

The consultation is open until **Wednesday 6 July**. You can fill in the response form online at [www.hants.gov.uk/yss-consultation-2011](http://www.hants.gov.uk/yss-consultation-2011) or email your feedback to [youth.info@hants.gov.uk](mailto:youth.info@hants.gov.uk).

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### **Springboard Dance Bursary scheme 2011/12**

Applications are now being accepted for the Hampshire Springboard Dance Bursary Scheme. Bursaries of £500 are available annually to young people wishing to further their dance development with a view to pursuing professional training. Each young person will work alongside a Bursary Scheme Manager to devise an individual learning programme that may consist of additional classes, mentoring, workshops, summer schools or other appropriate opportunities. The scheme is open to young dancers aged between 13 and 18 who demonstrate excellence in any style of dance practice and live within the administrative boundary of Hampshire County Council. The application deadline is **Friday 10th June**.

For queries contact the Arts Resource Officer, Tara McKinney, on 01962 846024. An application form can be downloaded from [www.hants.gov.uk/dance-bursaries](http://www.hants.gov.uk/dance-bursaries)

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## **Hampshire Youth Dance Company Auditions**

Hampshire Dance is looking for committed, energetic and enthusiastic male and female dancers to audition for the two county youth dance companies, Hampshire Youth Dance Company and NoCo. Becoming a company member enables young people to develop their self-confidence and communication skills and expand their dance technique and performance abilities. Both companies are open to all young people aged 13 to 21 and offer opportunities to work with professional choreographers and perform throughout the region and beyond.

For more information and to download an application form visit [www.hampshiredance.org.uk](http://www.hampshiredance.org.uk). You can also call 023 8065 2712 or email [info@hampshiredance.org.uk](mailto:info@hampshiredance.org.uk). Completed forms must be returned by **Thursday 30<sup>th</sup> June**.

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## **The Hampshire Childcare and Family Information Team (Cfit)**

Across Hampshire there is a range of registered quality childcare services available that provide safe, caring, play and educational environments for your children

### **What types of childcare are available?**

There are many different types of childcare available: childminders, nurseries, pre-schools, out-of-school care (before and after school), holiday playschemes and crèches. There are also other options if care is required in the family home, such as home childcarers, nannies or babysitters. Childcare services across the county cater for children aged 0 – 14 years (16 for children with additional needs). You can be sure Ofsted registered childcare providers are trained and are sensitive to the needs of individual children including those experiencing difficulties.

### **How can I afford it?**

Cfit can point you in the direction of services to help pay for childcare, such as free early years education for children aged three and four, and help for lone parents, teenage parents, working parents or students. Information is available on schemes such as Working Tax Credit, Care To Learn, New Deal and childcare vouchers.

### **How do I find out more?**

For general enquiries you can contact Cfit via the helpline on 0845 603 5620 or email [childcare@hants.gov.uk](mailto:childcare@hants.gov.uk). The helpline is available on Monday to Friday from 8.00am to 8.00pm and on Saturday from 9.30am to 4.00pm. More information can be found at [www.hants.gov.uk/childcare](http://www.hants.gov.uk/childcare).

There is also information about childcare and family services in the Hampshire Family Information Directory [www.fid.hants.gov.uk](http://www.fid.hants.gov.uk)

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## **The North Camp Village Website**

The North Camp Village website [www.northcampvillage.co.uk](http://www.northcampvillage.co.uk) has had a major overhaul so that information is easier to find. As before, there is extensive information on the North Camp area and there is also a new Calendar on the right hand side of every page. Groups, clubs, schools, churches, businesses and societies are encouraged to email in their events for free inclusion.

The North Camp Matters Community Association now has a homepage feature and extensive local business listings are still a key part of the site. Schools and education aren't missed with contact details being provided for all local nurseries, pre-schools, primaries, secondaries and colleges including links to their Ofsted reports.

The website administrator, Steve Optix, can be contacted on [steve@northcampvillage.co.uk](mailto:steve@northcampvillage.co.uk).

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## **Fresh Start**

Fresh Start (based in North Hampshire) is a not-for-profit social enterprise delivering a delicious and wholesome range of sandwiches, canapés, home-made savouries, cakes and biscuits. Fresh Start offers supported work experience for young people and adults who have had a difficult start in life. Under the guidance of an experienced

professional chef, those on the Fresh Start programme learn the skills to prepare, cook and serve great food.

For more details of Fresh Start's objectives, menus and prices, please visit [www.freshstartevents.co.uk](http://www.freshstartevents.co.uk)

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### **Summer Daze Programme**

Summer Daze is a programme of activities to help young people aged between 11 and 18 in Rushmoor and Hart who are, or have been, affected by domestic abuse. The programme is led by the Children's Services Youth Support Team for Rushmoor and the aim of the sessions is to help the young people come to terms with the abuse they have witnessed and / or experienced and to look at how they can keep safe and build their emotional resilience. The programme works on a group basis so that the young people can be with others who have had similar experiences.

A referral form is available from [karen.evans@hampshire.pnn.police.uk](mailto:karen.evans@hampshire.pnn.police.uk). Referrals are welcomed from agencies as well as self referrals from young people and all referees will be met by a youth team member to talk about the programme and see if they are happy to engage. The cut off date for referrals is the **end of May**, but it would be helpful to have referrals asap in order to give the youth team time to make contact with the young people and arrange visits.

If you would like more information about the programme before making a referral, or would like to discuss any individuals prior to making a referral, please contact either Jan Sheehan on 01252 311786 or [janet.sheehan@hants.gov.uk](mailto:janet.sheehan@hants.gov.uk), or Karen Evans on 01256 405208 or [karen.evans@hampshire.pnn.police.uk](mailto:karen.evans@hampshire.pnn.police.uk)

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### **Greenfingers Gardening Group**

Children and families who live in the Mayfield and Grange areas of Farnborough have come together to create Greenfingers Gardening Group. The group is managed by The Gaming Zone youth project in partnership with First Wessex and Rushmoor Borough Council. Following a successful bid to the Lottery Awards 4 All scheme Greenfingers will be able to spruce up the Prospect Centre, rejuvenate the flowerbeds surrounding the centre and outside Costcutters, and buy much needed tools and plants.

The new Community Development Worker, Jamie Beaton, successfully enrolled the help of 6 Southern Gas employee volunteers to turn over the Greenfingers allotment, providing a clean slate for the group to start cultivating it. Farnborough Hardware has donated some tools on a 'buy one get one free' basis.

Keen local gardener and volunteer, Debbie Crump, has put together plans for the flowerbeds and allotment. Outside Costcutter there will be a wild flower garden, the Prospect Centre will have a herb and heather garden and on the allotment will be rhubarb, cabbage, onions, potatoes, tomatoes, runner beans and strawberries.

Greenfingers meets every Saturday from 1.30pm until 3.30pm. There will always be two volunteer co-ordinators to guide the group. All sessions will start at the Prospect Centre. The whole family is very welcome. For more information call Jamie Beaton on 01252 528383 or email [greenfingersproject23@yahoo.com](mailto:greenfingersproject23@yahoo.com)

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### **The Cinema Exhibitors' Association Card**

This is a national card that can be used to verify that the holder is entitled to one free ticket for a person accompanying them to the cinema. The card is valid for 1 year from the date of issue. Printed application forms are available from cinemas across the UK supporting this card or you can download an application form to print out and fill in from <http://www.ceacard.co.uk/>

To apply for the card you will need to submit proof to show that you meet one or more of the following criteria:  
a) You are in receipt of Disability Living Allowance or Attendance Allowance  
b) You are a registered blind person.

You also need to supply a passport-sized photo with your application. A processing fee of £5.50 is made per card.

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## **Children's Services Integrated Grant Funding**

Hampshire County Council's Children's Services have announced a second round for Integrated Grant funding for 2011-12. The Integrated Grant process has been created to support projects delivered by voluntary and community groups or the not for profit sector and you will need to demonstrate how your project will directly deliver preventative services to vulnerable children. The closing date for applications is 12.00 noon on **Wednesday 15th June**.

Details and the application pack are available at: <http://www3.hants.gov.uk/grants/csgrants/csintegratedgrant.htm>

For more information please contact Marcus Biggs, Administrative Officer, Children's Services Procurement Unit on 01962 847255 or email [marcus.biggs@hants.gov.uk](mailto:marcus.biggs@hants.gov.uk).

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## **RECRUITMENT AND VOLUNTEERS**

### **Temporary Jobs for Disabled Residents or Carers in Hampshire**

Are you a local disabled resident or carer in Hampshire looking for an interesting temporary role, or are you keen to get some work experience? If you like working out and about, talking to a wide range of people and enjoy collecting information DisabledGo's surveying opportunities available in Hampshire could suit you.

DisabledGo are recruiting local surveyors who will receive training and temporary employment as part of a project that will produce a 1000 venue access guide to the County. The surveying project will last approximately 4 weeks. Surveyors play a vital role in delivering high quality, accurate access information for users of [www.disabledgo.com](http://www.disabledgo.com) and work as part of a team. They visit venues and collect access information independently. The access guides are quality checked and then added to the DisabledGo website.

Trainees will be paid £7.95 per hour for work completed. Day to day expenses such as public transport costs or lunch when working a full day will be reimbursed. Trainees will not be paid for attending the 2 days training. If you would like further information or would like to apply please contact Rachel Felton, External Relations Manager, at DisabledGo for an application form.

Email [rachel.felton@disabledgo.com](mailto:rachel.felton@disabledgo.com) or call 01438 842710. The closing date is **10th June**.

**Many thanks to all the organisations who contribute  
information to this newsletter**

**Rushmoor Schools Plus**

**[www.rushmoorschoolsplus.org](http://www.rushmoorschoolsplus.org)**